

Association	Session	Speaker / Presenter	Date	Start	End	AFAA CEUs	NASM CEUs	ACE CEUs
ACE	Keep Members Accountable and Engaged with Behavior Change Coaching	Jacque Crockford	Thurs, Dec. 6	9:00 AM	9:50 AM	1	0.1	0.1
ACE	Mind Body Meditation	Jacque Crockford	Thurs, Dec. 6	7:00 AM	7:50 AM	1	0.1	
ACE	Metabolic Training Workout	Jacque Crockford	Fri, Dec. 7	7:00 AM	7:50 AM	1	0.1	
ACE	Sports Performance Fundamentals	Jacque Crockford	Sat, Dec. 8	7:00 AM	7:50 AM	1	0.1	
ACE	Foundations of Functional Movement Training	Jacque Crockford	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	0.1
ACE	Staffing Secrets: Attract, Engage and Retain for Ultimate Success	Lauren Shroyer	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	0.1
ACE	Reintroducing Exercise to Post-Rehabilitation Clients	Lauren Shroyer	Fri, Dec. 7	7:00 AM	7:50 AM	1	0.1	0.1
ACE	Why You Should Kick Fear to the Curb and Sprint with Your New Programming	Lauren Shroyer	Thurs, Dec. 6	8:00 AM	8:50 AM	1	0.1	0.1
ACE	Making Today's Youth Tomorrow's Healthy Adults	Lauren Shroyer	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	0.1
ACE	Increase Revenue: Small Group Training and Leveraging the Power of Groups and Group Cohesion	Anthony Wall	Fri, Dec. 7	7:00 AM	8:30 AM	1	0.1	0.1
ACE	Health Coach: Trifecta for Personal Trainers—Program Design, Nutrition and Behavior Change	Anthony Wall	Sat, Dec. 8	8:00 AM	9:30 AM	1	0.1	0.15
ACE	ACE Sponsored Research Program: Applying the Science of Health & Fitness	Cedric Bryant	Thurs, Dec. 6	10:00 AM	10:50 AM	1	0.1	0.1
ACE	Impacting Prediabetes and Diabetes Through Exercise and Movement	Cedric Bryant	Thurs, Dec. 6	7:00 AM	8:30 AM	1	0.1	0.15

ACE	Behavior Change in Practice: Hands-On Skills for Health Coaches and Exercise Professionals	Dianne McCaughey	Thurs, Dec. 6	7:00 AM	12:00 PM	5	0.5	0.5
ACE	Overcoming the "I Hate Change" Mentality	Dianne McCaughey	Sat, Dec. 8	7:00 AM	7:50 AM	1	0.1	0.1
Cryo Innovations	Capitalizing on the In-Demand Cryotherapy Industry	Keith Scheinberg	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	
PILOXING®	Core Concert - PILOXING® SSP	Viveca Jensen/ Cortney Gornell	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	0.1
PILOXING®	PILOXING® Knockout and Boxing Lab	Lara Tsitouras	Fri, Dec. 7	7:00 AM	7:50 AM	1	0.1	0.1
PILOXING®	THE MIX Interval Fequency Training by PILOXING®	Viveca Jensen/ Cortney Gornell	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	0.1
STRONG by Zumba®	STRONG by Zumba®	Kelly Bullard and Ricardo Alas	Fri, Dec. 7	8:00 AM	8:50 AM	1	0.1	
STRONG by Zumba®	STRONG by Zumba®	Kelly Bullard and Ricardo Alas	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	
STRONG by Zumba®	STRONG by Zumba® Training	Kelly Bullard and Ricardo Alas	Sunday	8:00 AM	5:00 AM	9	0.9	
Zumba®	Zumba®	Jenna Bostic & Marcie	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	
Zumba®	Zumba® Training	Jenna Bostic & Marcie	Sunday	8:00 AM	5:00 AM	9	0.9	
POUND	POUND: Rockout Workout®	Kirsten Potenza	Thurs, Dec. 6	9:00 AM	9:50 AM	1	0.1	
POUND	The next generation of Pound	Cassie Burke Martinson	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	0.1
POUND	POUND: Rockout Workout®	Kirsten Potenza	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	
Spartan	Spartan Strong Training (1/2)	Christina LaGrega	Fri, Dec. 7	8:00 AM	12:00 PM	4	0.4	
Spartan	Spartan Strong Training (2/2)	Christina LaGrega	Sat, Dec. 8	8:00 AM	12:00 PM	4	0.4	
Spartan	Spartan SGX Training (1/2)	Jeff Godin	Fri, Dec. 7	7:00 AM	3:00 AM	8	0.8	
Spartan	Spartan SGX Training (2/2)	Jeff Godin	Sat, Dec. 8	7:00 AM	5:00 AM	10	1	
AFAA	Creating a seamless class through planning	Shalaine McLaughlin	Thurs, Dec. 6	7:00 AM	8:30 AM	1	0.1	0.15
AFAA	Communication and Cueing for Class Success	Shalaine McLaughlin	Thurs, Dec. 6	9:00 AM	10:30 AM	1	0.1	0.1

AFAA	How Many Ways Can you March	Jay Guillory and Mara Hoskin	Fri, Dec. 7	7:00 AM	7:50 AM	1	0.1	0.1
AFAA	Group Resistance Training: Creating Outstanding Circuits	Jay Guillory and Mara Hoskin	Fri, Dec. 7	8:00 AM	9:30 AM	1	0.1	0.15
AFAA	Impactful Influence: Yoga Specialization Workshop	Donna Thomas	Thurs, Dec. 6	11:00	3:00 AM	4	0.4	
NASM	Get a Leg-up on Flexibility with Hands-on PNF Stretching	Tony Ambler	Thurs, Dec. 6	8:00 AM	8:50 AM	1	0.1	0.1
NASM	Super Glutes	Tony Ambler	Thurs, Dec. 6	11:00 AM	11:50 AM	1	0.1	0.1
NASM	Mobility - Stability: A total body approach	Marty Miller	Fri, Dec. 7	8:00 AM	8:50 AM	1	0.1	0.1
NASM	Train Your Brain - Training the most important muscle	Marty Miller	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	0.1
Keiser	From Bike to Barre	Krista Popowych	Thurs, Dec. 6	8:00 AM	8:50 AM	1	0.1	0.1
Keiser	Power On, Power Up, Power Ride!	Krista Popowych	Thurs, Dec. 6	11:00 AM	11:50 AM	1	0.1	0.1
Keiser	HIIT: Interval Training for Real-World Rides	Krista Popowych	Fri, Dec. 7	8:00 AM	8:50 AM	1	0.1	0.1
Keiser	Ride: Music, Games and Drills that Thrill	Krista Popowych	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	0.1
Keiser	Technology: Taking on the Tech Challenge	Jill Wattenbarger	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	0.1
Keiser	Climb: Reaching the Summit!	Jill Wattenbarger	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	0.1
FIBO	Body Weight Training - Amped Up	Krista Popowych	Thurs, Dec. 6	10:00 AM	10:50 AM	1	0.1	0.1
FIBO	Building a Velcro Team	Krista Popowych	Thurs, Dec. 6	7:00 AM	7:50 AM	1	0.1	0.1
FIBO	Be a Leader in Fitness with Presenting & Public Speaking - Krista	Krista Popowych	Fri, Dec. 7	7:00 AM	7:50 AM	1	0.1	0.1
Aktiv	Re-Imagining the Member and Team Member Experience	Matt Wright	Thurs, Dec. 6	11:00 AM	11:50 AM	1	0.1	0.1
Aktiv	Unstable Load - Stability Challenges for All Your Clients	Matt Wright	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	0.1
FIBO	The strategy of longevity – the balance of career and life	Joy Prouty	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	0.1
FIBO	Back in action	Linda Shelton	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	
FIBO	Fact or Fiction: Test Your Fitness IQ	Linda Shelton	Sat, Dec. 8	7:00 AM	7:50 AM	1	0.1	

FIBO	The Art of Sculpt	Linda Shelton	Sat, Dec. 8	8:00 AM	8:50 AM	1	0.1	
Yogafit	Five Simple Yoga Practices for Managing Chronic Pain	Kristy Manuel	Fri, Dec. 7	8:00 AM	8:50 AM	1	0.1	0.1
FIBO	The history of food or exercise and the brain	Grant Roberts	Fri, Dec. 7	8:00 AM	8:50 AM	1	0.1	
FIBO	The New Language of Fitness: Words Matter and the New Science of Fitness	Grant Roberts	Sat, Dec. 8	9:00 AM	9:50 AM	1	0.1	
Bender Training	I am Ageless	Leslee Bender	Thurs, Dec. 6	10:00 AM	10:50 AM	1	0.1	0.1
FIBO	My social media experiment from 1k - 10k followers on Instagram in a year	Darren Jacobsen	Thurs, Dec. 6	10:00 AM	10:50 AM	1	0.1	0.1
Soulbody	The what and why of Barre	Stacey Seward-Vandiver, Ann Marie Barbour	Thurs, Dec. 6	7:00 AM	8:30 AM	1	0.1	
Soulbody	SOULBODY BARRE+UNHITCHED	Stacey Seward-Vandiver, Ann Marie Barbour	Thurs, Dec. 6	11:00 AM	11:50 AM	1	0.1	
Soulbody	SoulBody Barre + Unhitched Class	Stacey Seward-Vandiver, Ann Marie Barbour	Fri, Dec. 7	9:00 AM	9:50 AM	1	0.1	
FIBO	Fitness or Fatness?: Physical Inactivity or Obesity: Which Is the Bigger Health Problem?	Dr. Steven Blair	Thurs, Dec. 6	11:00 AM	11:50 AM			0.1
TOTAL						15	1.9	1.3